

The CHRISTIAN



FIRST CHRISTIAN CHURCH
(Disciples of Christ) Visitor

FCC's Summer Forum Explores Mental Health Issues

The Conversation Starts June 3 following worship at 11:15 am

The rate of mental health issues in our country is astounding. One in five people has a mental illness. Statistically speaking, that means that 50 members of this church fight that battle every day. Now consider all the families and friends of people experiencing mental illness. Therefore, most people are affected by mental illness in some way.

Please join us each Sunday this summer in the Chapel Gathering Space at 11:15 am as we start the conversation about mental health. We will learn from and interact with people who have special information and insight into mental illness and its impact. Bring your open ears, minds and hearts. Topics and speakers for this special forum include:

- June 3** Guest speaker **Mandy Grella**, Program Manager- Opioid Crisis Response Team, Centerstone of Indiana, will give us an **overview of the most common mental health conditions** in the US, outline their symptoms, and discuss their prevalence.
- June 10** **Kip Myers**, M.D., Psychiatrist for Indiana University Counseling and Psychological Services, will provide information on **suicide prevention**.
- June 17** **Sandy Rampley** is a retired licensed clinical social worker (LCSW) who currently volunteers for the Monroe County CASA program as a child advocate, and teaches in the CASA volunteer training program with a focus on addictions. Sandy will help us explore **the role of mental illness in substance abuse**. Many people addicted to drugs or alcohol began using in an effort to self-medicate for clinical depression and/or anxiety. This means their treatment must address not one but two different disorders. Further complicating treatment, substance abuse actually alters neural pathways in the brain. Thus, treatment must encompass the physical, mental and emotional health of the person who is addicted.
- June 24** **Christy Duffy**, PhD, HSPP, Clinical Psychologist and Director of Under the Umbrella, LLC, will help us understand more about **eating disorders**. While eating disorders have easily recognizable stereotypes, they are widely misunderstood and often overlooked. In this interactive presentation, Dr. Christy Duffy will discuss signs and symptoms of eating disorders, offer guidelines for how to approach someone you are concerned about and how to access help.

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PASTOR'S PEN

Summer is Here!

As you read this issue of the Christian Visitor, you will discover that this summer is going to be a good one here at FCC. **First**, our Summer Forum Series is not to be missed! Please re-read the front page of this newsletter for details, and you'll understand why I am lifting up these sessions, including a "Sunday Funday" option.

Second, our worship services will include: your hymn requests, renowned guest musicians (see Jan's article on page 3), and a sermon series titled Psalms for the Journey. Here is the June schedule:

June 3: "A God who knows me"

Psalm 139: 1-14a, 23-24

June 10: "Prayers for the Journey"

Psalm 25: 1-10

June 17: Mark Knowles preaches from 2 Kings

It's always a good Sunday when Mark preaches!

June 24: "A Re-routed Journey"

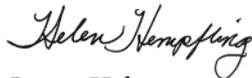
Psalm 86:11-17

Third, our August 18-19 all-church "road trip" to Shaker Village and Cane Ridge is shaping up to be the major highlight of the summer! Details are on page 4. Please note that we will be needing your commitments very soon.

Also, please be on the look-out for subtle "sign-posts" related to the unfolding of our FCC Story: the colorful banners outside our doors, an increased presence on social media, a new website about to be launched, community art being created, First Friday Jazz Vespers, continued consensus-building around sanctuary enhancements, faith formation initiatives in planning stages. At this Sunday's specially called board meeting (open to all, Room 14), Chris Martoglio will give an update/progress report on our FCC Story. You will be astounded by all that has happened in its first year of implementation! We'll follow up with a summary of his report in upcoming newsletters and worship services.

If you are traveling this summer, let's covenant to keep each other in our prayers while we are apart. Let's also remember to keep our pledged giving up-to-date. We don't want to stress out those who keep an eye on our finances!

See you Sunday!



Pastor Helen



FROM THE CHOIR LOFT:

Several Guest Musicians in Worship This Summer

As the Sanctuary Choir goes on summer hiatus and Jiyhe Choi, our organist, returns to Korea for a summer visit to her home, we are looking forward to some musical guests helping out to lead morning worship in June and July. Playing in the service will be several outstanding keyboard players:

May 27 and June 24: Carolyn Craig, Organist Last week we welcomed guest organist Carolyn Craig who is a recent graduate of the Indiana University Jacobs School of Music where she majored in Organ Performance with minors in German and Conducting. Carolyn is originally from Knoxville, Tennessee. At IU, she studied organ with Dr. Chris Young and works with Dr. Marilyn Keiser as the Undergraduate Organ Scholar at Trinity Episcopal Church in Bloomington. She performed a Rising Star recital in 2014 at the National American Guild of Organists conference in Boston as a first-place winner of the Regional Competition for Young Organists. Next year, she will be the Organ Scholar at Truro Cathedral in Cornwall, England. Carolyn will be playing again for our service on June 24

June 3 and July 1: Vincent Carr, Organist Vincent Carr is an Associate Professor of Music in Organ at IU's Jacobs School of Music. Known for his versatility as a performer, he leads an eclectic musical career, with interests in sacred music, choral repertoire, chamber music, contemporary American repertoire, musical theater, global popular music and songwriting. Before joining the IU faculty, he served from 2013-2017 as associate organist and choirmaster at the Cathedral of the Incarnation in Garden City, New York, one of the largest gothic cathedrals in the Americas. Mr. Carr received a Masters Degree in Organ from the Institute of Sacred Music at Yale University and both the Bachelor of Music in Organ Performance and the Bachelor of Arts with Distinction in Spanish from Indiana University (Bloomington). While attending IU, he studied organ with Larry Smith, harpsichord with Elisabeth Wright and improvisation and church music with John Schwandt and Marilyn Keiser. He has performed and studied throughout the United States, Europe and Latin America (including the Republic of Cuba). In addition to being an incredible musician, Vince is an avid cyclist and worked as an indoor cycling instructor for the past ten years. Many of his students are cycling lovers, amateur and professional athletes, celebrities and television personalities. He has a passion for charity riding and his efforts have helped raise more than \$20,000 for causes such as HIV/AIDS and prostate cancer. Vince is a citizen of both the United States of America and the Republic of Ireland

June 10 and June 17: Evan Main, Jazz Pianist based in Bloomington, Main seeks to connect with and inspire audiences by making music with substance, sincerity, and integrity. Evan discovered piano at a very early age, jazz shortly after, and quickly became adept at both. By his very early teens, he was able to quote advanced John Coltrane vocabulary at a whim, and by the time he was in high school he had become a staple on the Bloomington jazz scene (with occasional forays up into Indianapolis). He, along with his bandmates in Trio Collective, also became recognized in Downbeat as the best high school jazz combo in the nation shortly before they were featured performers at the 2014 Jazz Education Network Conference.

(Continued on page 7)

Summer Sunday Fundays at FCC!

The slower, more relaxed pace of summer gives us the opportunity to offer some less structured, yet meaningful activities for children and families on Sundays at FCC.

During worship beginning in June through August the *PrayGround* will be open at the front of the sanctuary. In this sacred space mats are laid out in advance, inviting children to work with quiet time bags or to read books about God and Jesus. We'll also provide a small "feast" for communion time. If you can be a caring presence among the children this summer, please sign up at <http://signup.com/go/yzKkycp>, or contact Connie Myers.

After worship, **Sundays are FunDays** at FCC! We'll have games on the lawn and "Where Do You See God?" walks around the block. Inclement weather will find us indoors, enjoying Veggie Tales and popcorn, among other activities. We need adults *and youth* to keep our children safe while they're having fun! Please sign up for a Sunday or three at <http://signup.com/go/BhUEoDK>.

A Cane Ridge Moment



Plans are coming together for our **August 18-19 trip to Cane Ridge!** We'll leave on Saturday morning and spend the afternoon at Shaker Village of Pleasant Hills, Kentucky, home to the third largest Shaker community in the United States between 1805 and 1910. First, we'll enjoy an early lunch of traditional favorites prepared with straight-from-the-garden ingredients. After lunch we'll enjoy a guided tour, followed by time for browsing the shops and grounds on your own. A river boat cruise on the *Dixie Belle*, Shaker Village's paddlewheeler, closes our afternoon together. Mary Beth Godsey, our trip coordinator, is working to secure hotel discounts northeast of Lexington.

Sunday morning will find us worshipping at the historic Cane Ridge Meeting House, site of the revival of August 1801. The Christian Church (Disciples of Christ), the Churches of Christ (non-instrumental), and the Christian Churches (independent) of the Stone-Campbell movement trace their origins here. This movement is often noted as the first one indigenous to American soil.

Look to future bulletins, emails and newsletters for information about costs and registration.

Help Needed as Camp Barbee Closes and Items are Moved to Bedford!

We need lots of volunteers who can gather at the Bedford Christian Camp, 33 Church Camp Road, Bedford, Indiana on **Saturday, June 9 at 9:00 a.m.** to unload items which are being moved from the Barbee Christian Camp.

On Saturday, June 2 equipment that has accumulated over 66 years at Barbee is being packed up for continued use at the Geneva Camp and the Bedford Camp. The unloading of the Bedford items off of two commercial trailers, will happen on June 9. Lots of help is needed that day.

Lodging is available at Bedford on Friday night, June 8, in the cabins. If you would like to stay there contact Don Mains at 812-797-2890.

Can you help? We would like for FCC to have a supportive presence at Bedford on June 9. Contact Pastor Helen or the church office if you are able to help. Thank you!

2018 Graduates



*Congratulations to our 2018 graduates!
We can't wait to see what you will do next!*

High School

Andrew Michael Donham, son of Julie and Michael Donham, is graduating from Bloomington High School North. During school Andrew kept busy with welding and two part-time jobs. After graduation he plans to continue working and enjoying time on his motorcycle. Cards of congratulations may be sent to 5900 N. Maple Grove Road, Bloomington, IN 47404.

College and Graduate School

Kristin Richards earned a bachelor's degree in media from Indiana University in December 2017. She has been working for IU Radio & TV and this summer will intern with Big Ten Network in Chicago. Kristin is the daughter of Jenn and Bruce Richards. Cards may be sent to 1651 W. Dove Drive, Bloomington, IN 47403.

Drew Ogborn earned an MBA in International Business from Indiana Wesleyan University in April. The son of Brenda and Carey Ogborn, Drew is currently employed by Sharp Business Systems as an acquisitions manager. Cards of congratulations may be sent to 1506 E 58th St, Indianapolis, IN 46220.

Terrence Chin-Loy earned a Performance Diploma in Vocal Performance with the IU Jacobs School of Music. Terrence will be singing with the Santa Fe Opera this summer and will apprentice with the Pittsburgh Opera in the fall.

Congregational Meeting in June

Please, plan to attend the congregational meeting on June 24 following worship at 11:15am. We will elect board members, trustee, elders, deacons, and financial officers at this important meeting. Thank you!



Thank you to all who bought flowers and helped with our annual plant sale fundraiser. It takes a team working together to get everything done. Sales were down a little this year, but we still were able to make a profit of just over \$1000! Your time and help are greatly appreciated!



Notes of Thanks from our Partner Organizations

FCC has a long and strong tradition of giving and supporting our neighbors. We do this through our work with the Sunday Breakfast program, the Interfaith Winter Shelter, and Habitat for Humanity to name just a few. We also do this through financial support for community organizations that seek to provide a safe and loving community for all of our neighbors here in Bloomington and Monroe County.

We have recently received several Thank You letters for our support from community organizations including Habitat for Humanity, Monroe County United Ministries, the Salvation Army, and Shalom Community Center. While it is always nice to be acknowledged for support and thanked for contributing toward a caring community, it is the work of these organizations that inspires us and allows us to share Christ's love through our work, our prayers and our financial support.

We are grateful for the commitment of these organizations to support a caring community for all of our neighbors here in Bloomington.

Thank you! We have kicked off summer with a Bang! On Sunday, we gathered at the Lion's Den shelter in Cascades Park for our annual Memorial Day Picnic. What a great celebration! The fun was only beginning. This week we joined with other area churches for the intergenerational "Let's Build A Neighborhood Together!" peace project. More than 50 people turned out for this 3-day event.

Thank you to all of those who volunteered, cooked and participated in these great events! What a great way to kick off the summer!

(“From the Choir Loft” Continued from page 3)

Evan recently received his Bachelor of Music in Jazz Studies from the IU Jacobs School of Music where he was a student of Luke Gillespie, as well as learning from encounters with pianists like Herbie Hancock, McCoy Tuner, Chic Corea and others. Evan has developed a deep connection with music, which is plainly evident whether he is playing traditional jazz with well-established figures in the Bloomington/Indianapolis scene or pushing his creative boundaries on adventurous and sophisticated original compositions or inspiring leadership in church services.

July 8: Hansol Kim, Organist Kim, a native of Busan, South Korea, is currently completing a Performance Diploma in Organ Solo Performance at Indiana University's Jacobs School of Music where her teacher is Jeanette Fishell. She received her undergraduate degree from Korea Baptist Theological University and her Masters Degree from Yonsei University in Korea. In 2017 Hansol won first place in the Fox Valley Chapter of the American Guild of Organists Scholarship Competition in Chicago. In addition she has been awarded many prizes including first place in the Strader Competition, the Mokwon University Competition, and several other prestigious competitions in Korea.

We are grateful that these artists will be available to lead us in worship this summer. On various Sundays, they will be joined by several of our own FCC musicians, including saxophonist Tom Walsh, marimbist and organist Carter Adams, handbell soloist Sharon Goins, and singers Rivers Hawkins, Sarah Slover, and Maria Izzo-Walker. Stay tuned for announcements about music and musicians from mid July on!



First Friday Jazz
 vespers
 Joy

*A Service of Music,
 Reflection, and Meditation*

Will Barnard Trio
 featuring vocalist
 Kathryn Sherman

Friday, June 1 | 6:30 pm



FIRST CHRISTIAN CHURCH
(Disciples of Christ)



June Birthdays

06/01	Max	Fettchenhauer	5537 E. State Rd. 46	Bloomington	IN	47401
06/02	Norda	Ratcliff	4800 S. Rockport Road	Bloomington	IN	47403
06/03	Darren	Klein	723 Olde Mill Circle	Bloomington	IN	47401
06/04	Mary Alice	Martin	4243 W. Lynwest Drive	Bloomington	IN	47404
06/07	Allen	Griggs	9376 S. Harbour Pointe Dr.	Bloomington	IN	47401
06/15	Ryan	Robinson	4694 Viola Drive	Bloomington	IN	47403
06/16	David	Jackson	3693 S. Sowder Square	Bloomington	IN	47401
06/16	Sawyer	Houchins	3417 S. Westminster Way	Bloomington	IN	47401
06/17	Cliff	Travis	4682 E. Heritage Woods Rd.	Bloomington	IN	47401
06/17	Don	Meadows	1322 S. Woodlawn Ave.	Bloomington	IN	47401
06/18	Melissa	Jackson	3693 S. Sowder Square	Bloomington	IN	47401
06/18	Melanie	Breeden	3808 Woods Edge Bend	Bloomington	IN	47401
06/20	Flossie	Fox	709 Keystone Ct.	Bloomington	IN	47408
06/24	Arch	Dalton	1322 S. Winfield Rd.	Bloomington	IN	47401
06/27	Jacob	Lee	3421 W. Tyler Lane	Bloomington	IN	47403
06/30	Maely	Robinson	4694 Viola Drive	Bloomington	IN	47403
06/30	Carrie	Biddle	5736 E. State Rd. 46	Bloomington	IN	47401

Please, let us know if we have left someone off of the birthday list.



In Our Prayers

Please hold the family of Don Davis in your prayers. Don (90) passed away on Saturday, May 26.

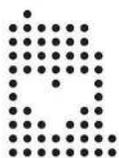
Cards and notes of encouragement may be sent to his daughter Jane Holcomb at 208A N. Smith Road 47408.

FCC Board Meeting Change

Please note that the May board meeting has been rescheduled for Sunday, June 3 at 12:15 pm. Thank you.

Summer Newsletter Schedule

The *Christian Visitor's* summer editions will arrive once a month in June and July. We plan to mail our June edition on June 13 and the July edition on July 11. We will return to our bi-weekly publication schedule in August.



2018 MCUM Challenge

2018 Goal: 2,000 pounds

Most recent trip: 72 pounds

Year-to-date: 1038 pounds

June Pantry Needs!

MCUM is in need of canned potatoes, Mac N Cheese, condensed soups, pasta sauce, canned mixed vegetables, baking mixes, crackers, all-purpose spray cleaner, laundry detergent, deodorant, and soap.

Please, consider donating what you are able!

Thank you for showing how much you care.

Lost and Found!

Looking for a personal item that may have been left behind at church? Check our lost and found bin near the coat rack (outside the nursery door) or our reception desk. We have a number of items that have been discovered. One of them just might belong to you!

UPCOMING EVENTS...

Friday, June 1

6:30 pm First Friday Jazz Vespers

Sunday, June 3

8:30 am Meditation Group

9:00 am Learning Session I

10:00 am Worship

11:15 am Summer Forum

11:15 am Sunday Funday

Monday, June 4

7:00 pm Women's Arts & Crafts

Tuesday, June 5

5:30 pm Listening to God

Wednesday, June 6

6:30 pm MOPS

Friday, June 8

Noon Executive Committee meeting

Sunday, June 10

8:30 am Meditation Group

10:00 am Worship

11:15 am Summer Forum

11:15 am Sunday Funday

Tuesday, June 12

1:30 pm Caregivers Create

5:30 pm Listening to God meditation

Sunday, June 17

(Father's Day)

8:30 am Meditation Group

10:00 am Worship

11:15 am Summer Forum

11:15 am Sunday Funday

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The Christian Visitor

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Coffee Fellowship Treat Schedule

June 3:
Campbellite Class

June 10:
Open to all in the congregation

June 17:
Open to all in the congregation

**Scripture Readings
For Sunday Worship**

June 3
Psalm 139: 1-14a, 23-24

June 10
Psalm 25:1-10

June 17
From 2 Kings
Mark Knowles preaching